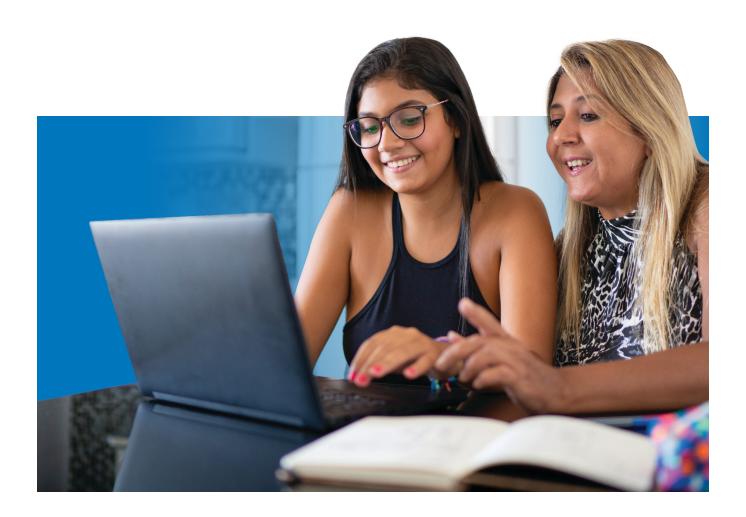
PSAT/NMSQT[®]

Preliminary SAT/National Merit Scholarship Qualifying Test

Understanding Scores

For Students and Families



Contact Us

About College Board

College Board reaches more than 7 million students a year, helping them navigate the path from high school to college and career. Our not-for-profit membership organization was founded more than 120 years ago. We pioneered programs like the SAT® and AP® to expand opportunities for students and help them develop the skills they need. Our BigFuture® program helps students plan for college, pay for college, and explore careers. Learn more at **cb.org**.

About National Merit Scholarship Corporation (NMSC)

NMSC® is an independent, not-for-profit organization that operates without government assistance. NMSC conducts the National Merit® Scholarship Program, an annual academic competition for recognition and college scholarships.

The Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT®) is the route of entry to the National Merit Scholarship Program. Requirements for participation, steps in the competition, and awards offered are explained in the *PSAT/NMSQT Student Guide* and on the NMSC website.

Questions about the scholarship program not answered in the published materials should be directed to:

- ☑ National Merit Scholarship Corporation 1560 Sherman Avenue, Suite 200 Evanston, IL 60201-4897
- 847-866-5100
- www.nationalmerit.org

About the PSAT/NMSQT

The PSAT/NMSQT is cosponsored by College Board and National Merit Scholarship Corporation. The PSAT/NMSQT is a part of the SAT Suite of Assessments and is typically taken by students in grades 10 and 11. Structured similarly to the SAT, the PSAT/NMSQT measures the same knowledge and skills your child needs to succeed in college and career.

Contacts for Students and Their Families

- psathelp@info.collegeboard.org
- 866-433-7728+1 212-713-8105 (International)
- PSAT/NMSQT
 P.O. Box 6720
 Princeton, NY 08541-6720

PSAT/NMSQTScore Resources

Congratulations to your student for taking the PSAT/NMSQT. Included is information about scores that may be helpful for students and their families.

What's Included

This document delves deeper into the meaning of your student's scores, including what the assessment measures, how it is scored, and how students and their families can use the data to monitor their progress. The document also provides:

- Information about estimating how much a score may change from the PSAT/NMSOT® to the SAT®.
- An explanation of the NMSC Selection Index score and how National Merit Scholarship Corporation (NMSC®) uses it to determine entry into the National Merit® Scholarship Program.
- A sample PDF score report walk-through so you can interpret your student's score reports.

Related Resources

Visit our website to find information about:

- Score release dates
- Managing access to online scores
- Resources for online score reports
- Downloadable Understanding Scores for Students and Families documents in English and Spanish

The **PSAT/NMSQT** and the **SAT Suite** of Assessments

How the SAT Suite of Assessments Works

The SAT Suite of Assessments is an integrated system of tests that includes the SAT (for students in grades 11 and 12), the PSAT/NMSQT and the PSAT™ 10 (for grades 10 and 11), and the PSAT™ 8/9 (for grades 8 and 9). The tests measure the same skills and knowledge in gradeappropriate ways. They work together to show college readiness over time so educators, students, and parents can monitor student progress. Their content reflects the kind of meaningful, engaging, and challenging work that students find in middle school and high school courses taught today.

How the PSAT/NMSQT Is Organized

The SAT Suite uses multistage adaptive testing (MST). Relying on MST means we can fairly and accurately measure the same things with a shorter, more secure test while preserving test reliability. Both the Reading and Writing and the Math sections are divided into two equal length and separately timed stages, each composed of a module of questions. The first module contains a mix of easy, medium, and hard questions. Based on how a student performs on the first module, the second module of questions will either be more difficult or less difficult. By adapting to a student's performance level, the responsive test will provide students with a more efficient assessment of their academic strengths.

How the PSAT/NMSQT is Scored

The SAT Suite uses a multistage adaptive test design and item response theory (IRT) methodology to precisely measure students' knowledge and skills with fewer questions in less time. Every test includes a standardized set of question types and measures the same content domains, so all students have the same opportunity to demonstrate their strengths. Your scores depend on several factors, including whether you answer questions right or wrong, the difficulty level of the questions, and the probability that you might be guessing. For most students, it's better to guess than leave a question blank, especially if you can eliminate one or two wrong answers first. To learn more about how assessments in the SAT Suite adapt to your performance, watch our What is Digital SAT Adaptive Testing? video.

PSAT/NMSQT Scores

TEST SCORING		
PSAT/NMSQT Score Reported	Details	Score Range
Section Scores (2)	Reading and Writing (RW)	160–760
	Math (M)	160–760
Total Score	Sum of the 2 section scores	320–1520
Selection Index Score	2RW + M 10	48–228

Accessing Official Student Scores

U.S. students who took the PSAT/NMSQT and provided a mobile phone number during testing can view their scores on the BigFuture® School app. For more information, see page 12 in this document, or go to satsuite.org/k12bigfutureschool.

NOTE: The BigFuture School app is available to U.S. students age 13 and over.

Your student's school has access to a downloadable PDF called *Your Score Report* for every PSAT/NMSQT test taker. Students can review this score report with educators at their school and share it with their families.

As always, students age 13 and older may use a personal College Board student account to view additional insights online.

Using PSAT/NMSQT Scores to Predict Scores on Other Assessments

The SAT Suite—from the PSAT 8/9 through the SAT—uses a common score scale for the total and section scores. The ranges reported for each assessment reflect grade-level appropriateness within the common score scale. Thus, while the total range for the SAT is 400–1600, the total range for the PSAT/NMSQT is 320–1520.

This common score scale means that a student who took the PSAT/NMSQT and received a Math section score of 500 would be expected to also get a 500 on the SAT, PSAT 10, or PSAT 8/9 if they had taken any of those tests on that same day; a score of 500 represents the same level of academic achievement on all 4 assessments.

This also means that student growth across the SAT Suite is easy to determine. If a student takes the PSAT/NMSQT this year and receives a 500 Math section score, then takes the SAT next year and earns a 550 Math section score, that student has shown a growth of 50 points, which likely resulted from hard work both in and out of school.

Overview of the Score Report PDF

In the official score report PDF, the student can view the scores available from their PSAT/NMSQT assessment.

For the total score, Reading and Writing section score, and Math section score, the official score report PDF also includes:

- The range of possible scores: 320–1520 for total score, and 160–760 for section scores.
- An average score of all testers in any grade who took this test during the last 3 years.
- The All Tester Percentile of each score. For example, if a student's score is in the 70th percentile, 70% of a comparison group achieved scores at or below that student's score.
- The total and section Average Score of all testers based on all PSAT/NMSQT test takers across the last 3 years.

All Tester Percentiles are based on the actual scores of the past 3 cohorts of students who took the PSAT/NMSQT in 10th or 11th grade, for tests completed anywhere in the world. Students in 10th grade are provided the 10th-grade percentile, and students in 11th grade are provided the 11th-grade percentile. Students testing outside of these grades are provided the nearest percentile to their grade (i.e., a 7th grader is provided the 8th-grade percentile).

Guidance Purposes Only

When scores are provided for guidance purposes only, a message will appear below the National Merit Scholarship Corporation (NMSC) Selection Index score on the score report directing the student to follow up with their school to learn more about the reason why. Students who are otherwise eligible and who are interested in entering the National Merit Scholarship Program should read the National Merit Scholarship Program section in the *PSAT/NMSQT Student Guide* to learn how to request information about another route of entry to the 2027 competition. College Board will forward all reports of misconduct or testing irregularities to NMSC, which reserves the right to make its own independent judgment about a student's participation in the National Merit Scholarship Program.

Individual Score Ranges

A student's ability is better represented by score ranges than points. Score ranges are derived from the standard error of measurement and show how much a student's scores would likely vary if they took a different administration of the test under identical conditions.

NMSC Selection Index

NMSC uses the NMSC Selection Index score as an initial screen of students who enter its scholarship programs. To calculate an NMSC Selection Index score, double the Reading and Writing score and add it to the Math score. The Selection Index score is the sum divided by 10. See NMSC Selection Index on page 8 for more information.

Knowledge and Skills

Students can view a graphic showing their performance on each of the eight content domains measured on the PSAT/NMSQT. There are four content domains in Reading and Writing, and four in Math.

In each content domain, students can view:

- The approximate number of questions in the content domain and what percentage of the section that represents (e.g., 12–14 questions would be about 26% of the Reading and Writing section).
- A visual indication of how the student performed in each content domain.

Students can use this section to identify content domains they may want to focus on to practice and improve.

Additional Support

The score report includes a Career Insights Snapshot, a list of growing careers in a student's state that connect to their scores. These careers are examples, not recommendations, and can inspire career exploration earlier in high school.

The last section of the score report PDF focuses on next steps the student can take after reviewing their scores. Students can use the provided QR code or link to access more information on tools and services related to these next steps, which include reviewing additional insights on their scores, Official SAT Prep on Khan Academy®, and college and career exploration.

Benchmarks

What the PSAT/NMSQT Grade Level Benchmarks Mean

The PSAT/NMSQT grade-level benchmarks are based on expected student growth toward SAT College and Career Readiness benchmarks at each grade. The benchmarks are set at the section level, so there is a benchmark for Reading and Writing and a benchmark for Math. Students meeting or exceeding these benchmarks are considered on track to be college ready.

PSAT/NMSQT GRADE-LEVEL BENCHMARKS			
	Reading and Writing	Math	
10th grade	430	480	
11th grade	460	510	

Through the online K–12 score reporting portal, the PSAT/NMSQT reports separate benchmarks for students in 10th grade and 11th grade to help teachers understand students' level of readiness for college and career training programs. Equipped with this information, teachers can address challenge areas for their students while there is still time for improvement. Teachers can also accelerate the progress of students who meet or exceed the benchmarks.

NMSC Selection Index

The National Merit Scholarship Program is an annual academic competition among high school students for recognition and college scholarships. The program is conducted by National Merit Scholarship Corporation (NMSC), a not-for-profit organization that operates without government assistance.

The NMSC Selection Index

NMSC uses a Selection Index score based on PSAT/NMSQT scores as an initial screen of students who enter its scholarship programs. The NMSC Selection Index score is reported on a scale ranging from 48 to 228. To calculate an NMSC Selection Index score, double the Reading and Writing section score and add it to the Math section score. The Selection Index score is the sum divided by 10. For example, a Reading and Writing section score of 620 and a Math section score of 500 would result in a Selection Index score of 174, as shown below:

$$\frac{2(620) + 500}{10} = 174$$

Of the 1.3 million NMSC Program entrants, about 50,000 will earn 2025 PSAT/NMSQT scores high enough to qualify them for recognition. These students will be notified of their standing through their high schools in September 2026. Students who qualify to continue in the competition for scholarships to be offered in 2027 must then meet academic and other requirements specified by NMSC to be considered for awards.

A detailed description of the National Merit Scholarship Program is published in the *PSAT/NMSQT Student Guide* and at www.nationalmerit.org.

For inquiries about any aspect of the National Merit Scholarship Program—including entry requirements, the selection process, and awards to be offered—contact NMSC directly:

www.nationalmerit.org

847-866-5100

☑ National Merit Scholarship Corporation 1560 Sherman Avenue, Suite 200 Evanston, IL 60201-4897

How NMSC Uses the Selection Index

NMSC uses the Selection Index score to designate groups of students to receive recognition in the National Merit Scholarship Program. Entry to the NMSC competition for scholarships to be offered in 2027 is determined by students' responses to program entry questions on the 2025 PSAT/NMSQT exam. The score report shows the student's NMSC Selection Index score, the student's responses to entry items, and whether the student meets participation requirements. Currently, about 1.3 million test takers meet requirements to enter the NMSC competition each year. Almost all entrants are in their third year (grade 11, junior year) of high school.

How to Use Scores

How Students and Families May Use Scores

The PSAT/NMSQT student score report provides students and families with three ways to understand their scores.

- Help your student think of ways to develop each of the skills they have identified for focus and improvement. Khan Academy can help supplement this work, and when your student is ready, they can take practice tests in Bluebook™ and review the results on My Practice to learn more about what their practice scores mean. They can also build skills with the SAT Question of the Day, which provides a gamified, interactive way to work on a Reading and Writing or Math question each day.
- Use the career examples to talk about career interests and options with your student.
- Compare your student's scores to the grade-level benchmarks together to understand what those scores mean.
 - If your student is meeting the benchmark for a section, remind them to continue to take rigorous courses and work hard to stay on track for college success.
 - If your student is not meeting the benchmark for a section, work with their teacher to connect them to classroom work that is focused on areas that need improvement.

Benchmarks shouldn't be used to assign academic tracks, to discourage students from pursuing college, or to keep students from participating in challenging courses. Rather, the benchmarks are intended to help all students better prepare for life after high school.

How Schools May Use Scores

Through our K–12 score reporting portal, educators can access the official downloadable score report PDF for printing and sharing with the student. Educators can also see additional interpretive insights about the student's results. The PDF, titled *Your Score Report*, (sample shown on page 10) clearly summarizes a student's current achievement levels and encourages next steps to increase college and career readiness. Teachers can review the official score report PDFs with students to help them understand what their scores mean. Reviewing their scores can also help students see their strengths, which can increase their confidence and help them identify content domains where they can handle more advanced coursework.

The **PSAT/NMSQT**Score Report

A Case Study: Sample PSAT/NMSQT Score Report

Take a look at the sample score report below and on the next page. Use the corresponding information to help you interpret your student's PSAT/NMSQT score report.

1 What are Parker's scores?

Parker's Reading and Writing score is 620, and his Math score is 500, for a total score of 1120.

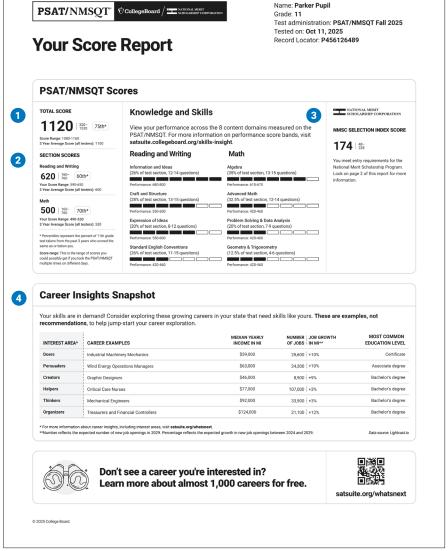
Below his individual scores, he can see a score range, which shows the range of scores he might expect to get if he took the PSAT/NMSQT multiple times. Parker can also see an average score of all testers in any grade who have taken the PSAT/NMSQT in the last three years.

2 What are Parker's score percentiles?

Since Parker is in 11th grade, the percentiles compare his scores with those of all 11th graders around the world who took the PSAT/NMSQT in the last 3 years. Parker scored as well or better in Reading and Writing than 60% of all 11th-grade testers. In Math, he scored as well or better than 70% of all 11th-grade testers. Putting both scores together, Parker scored as well or better than 75% of students in his grade on the PSAT/NMSQT as a whole.

What can Parker learn from this Knowledge and Skills section?

This section shows Parker a graphical progress bar in each of the eight content domains measured on the PSAT/NMSQT. The filled-in part of each progress bar represents Parker's level of mastery in that content domain, not his actual score. Under each content domain, Parker can also see



Score Report

what percentage of the test and number of questions cover that domain.

The Performance range below each filled section shows Parker's score band for that domain. For more information about content domains, visit satsuite.collegeboard.org/practice/content-domains.

What can Parker learn from this career snapshot?

Since he is based in the U.S., Parker's score report includes Career Insights Snapshot—helpful information about growing careers in his state that connect to his scores. Whether Parker sees a career he's curious about or not, the examples can spark his interest in learning more about what careers are out there and key information like median yearly income, expected growth rate for new job openings in his state over the next five years, and the most common education level for people in that career. While these might be careers worth watching in Parker's state, he can learn more about careers that reflect his interests at satsuite.org/whatsnext.

Will Parker be able to enter the National Merit Scholarship Program?

Parker has an NMSC Selection Index score of 174 (on a scale of 48–228), which was determined by first doubling his Reading and Writing section score (620) and adding that value to his Math section score (500). The sum of those two numbers divided by 10 is his Selection Index score. NMSC uses the Selection Index score to determine which students will receive recognition in the National Merit Scholarship Program.

If an asterisk had appeared next to Parker's score, it would mean he did not meet entry requirements for the



Score Report

program or his score was provided for guidance purposes only and would not be considered in the National Merit Scholarship Program. In the sample score report, Parker meets entry requirements and will be recognized if his score places him among the 50,000 high scorers. For entry requirements and information on the steps in the competition, see the 2025 *PSAT/NMSQT Student Guide* or visit www.nationalmerit.org.

How can Parker learn more about his scores?

If he's under age 13, Parker can talk to his school counselor to see his full score report and learn how to prepare for future assessments in the SAT Suite. If Parker is age 13 or older, he can also choose to visit **sat.org/scores** to personally find out this information.

How can Parker measure his progress?

Because Parker is in 11th grade, he can take the SAT in the spring to measure the progress he's made since he took the PSAT/NMSQT.

Parker can continue to take advantage of practice resources by visiting sat.org/practice.

Doing More with Your Score: **BigFuture School** and **Connections**

BigFuture School is a free mobile app for students age 13 and older who take the PSAT 8/9, PSAT 10, PSAT/NMSQT, or SAT School Day in the United States. It's designed for students to use to get their test scores easily, explore customized guidance on college and career planning, and learn about financial aid and scholarships. Students may also have the opportunity to opt in to ConnectionsTM—a program where students can discover nonprofit colleges. scholarship providers, and government agencies offering educational programs that may be a good fit and are looking for students like them. Connections puts privacy first. No personal information is shared with institutions unless a student directly chooses to do so. Please know that your school, district, or state may choose to not provide access to Connections for its students or students who test at their schools

If your student provided a mobile phone number when they took the PSAT/NMSQT, they can download the BigFuture School mobile app, which will alert them via text notification when their scores are available in the app. Students who choose not to download the BigFuture School app or who don't have a mobile phone can still access their scores and guidance for future planning. Schools will continue to receive PDF score reports for all assessments they administer, which can be shared with students. And, as always, students can log in to their personal College Board accounts at **studentscores.collegeboard.org** to get additional insights about their scores and explore **bigfuture.org**.



Total and Section Scores

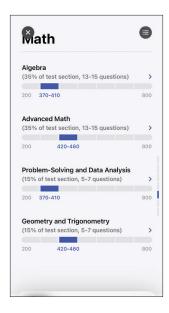
The first thing students will see in BigFuture School is their total score, which is a combination of their scores on the Reading and Writing and Math sections.



Percentile Comparisons

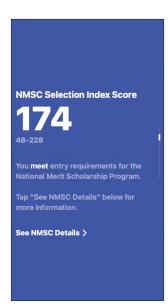
Students will be able to see percentile comparisons that help them understand the percentage of students scoring the same or better than they did.

For example, 75th percentile means that their score was the same or higher than 75% of other students.



Performance Score Bands

This information corresponds with the Knowledge and Skills section on the score report PDF. It shows students their performance on each content domain measured on the test. Students can use our **Skills Insight® Tool** to see examples of the kinds of questions students in any score band, including their own, are able to answer correctly.



NMSC Selection Index Score

Students will be able to see if they meet entry requirements for the National Merit Scholarship Program conducted by National Merit Scholarship Corporation (NMSC). They can click See NMSC Details for more information about NMSC and their Selection Index score.



Customized College and Career Messages

While students are in the BigFuture School app, they can explore messages about financial aid, scholarships, and guidance to help them plan for college and explore careers.



Connections

Eligible students may also have the option to discover nonprofit colleges, scholarship providers, and government agencies offering education programs by opting in to a program called Connections.

Additional **PSAT/NMSQT** Insights

Students age 13 or older who already have a personal College Board student account can get additional insights into their performance on the PSAT/NMSQT in the online student scores portal at **studentscores.collegeboard.org**.

Putting Scores in Context

Score Comparisons

Students can gain additional insights into their scores by meeting with their school counselor to review their score report. They can also see more contextual comparisons of their scores in the student scores portal. Students can compare their total and section scores to the average scores of all testers across the last three years in their:

- School (as applicable)
- District (public schools, as applicable)
- State (U.S.-based and territories)
- All Testers (domestic and international)

Percentiles

The additional insights provided online include percentiles not provided in the downloadable score report PDF. The percentile ranks include:

- Country (all testers in the student's country)
- State (all testers in the student's state, available for U.S. and U.S. territories only)
- All Testers (domestic and international)

For the percentiles above, the student's score is ranked among testers from the last 3 years, i.e., students who took the PSAT/NMSQT in 10th or 11th grade in the last 3 years.

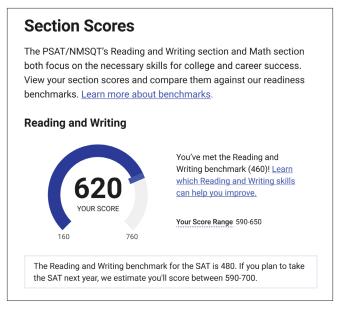
Total Score Comparisons Compare your score to the average scores of the following 11th grade student groups who tested when you did. **Your Score** 1120 Your School (Avg.) 1000 3-year average score of 300 test takers from your school Your District (Avg.) 1050 3-year average score of 5,000 test takers from your district Your State (Avg.) 1190 3-year average score of 15,000 test takers from your state Your Country (Avg.) 1200 3-year average score of 200,000 test takers from your All Testers (Avg.) 1000 3-year average score of 300,000 test takers from all testers

Online score insights

Section Benchmarks

Other insights students can view in the online scores portal are the section-level readiness benchmarks. We will indicate if the student has met the section benchmark or not, providing links to resources to help them analyze what skills to focus on for improvement.

Additionally, we show students their score range and provide a link to information about how a score range more accurately reflects their level of knowledge and skills than a single score.



Online score insights

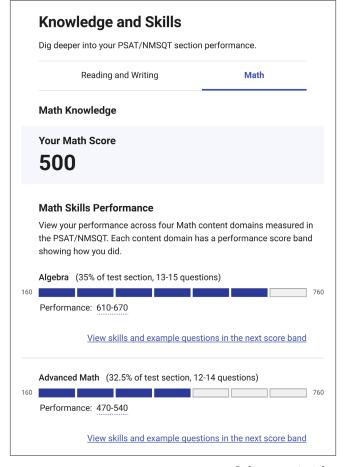
More About Knowledge and Skills

Based on our Skills Insight tool, we provide students with a deeper dive into the knowledge and skills measured by the PSAT/NMSQT. Students may view a breakdown of their knowledge and skills across four content domains in Reading and Writing and four content domains in Math.

The online insights go further by helping students view their performance across seven defined performance score bands to get a sense of how they did in each domain.

Students can click View skills and example questions in the next score band to access the Skills Insight tool and see skills and example questions that students in the next performance score band are typically able to demonstrate, as well as examples of the kinds of questions these students are likely able to answer correctly.

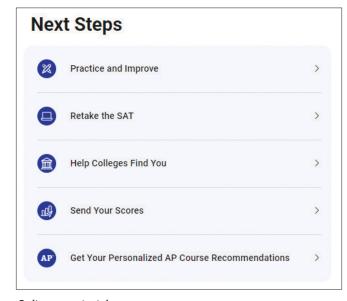
Students can navigate to any other performance score band in the Skills Insight tool, including their current performance score band.



Online score insights



Online score insights



Online score insights

Career Exploration

To expand on the information in their downloadable score report PDF, students can:

- View even more potential careers online at bigfuture.org.
- Explore careers tailored to their interests with Career Quiz.
- Find free resources to help them take the next steps down their career path.

Further Guidance

Students can view next steps with linked resources to do more with their score, including:

- Finding practice resources to improve their score.
- Learning more about the SAT Suite of Assessments.
- Planning for their future with their PSAT/NMSQT score using BigFuture School if they have access or at bigfuture.org.

Next Steps for Students and Families

Learn more about understanding and using scores: sat.org/scores

View a video walk-through of the score report: satsuite.collegeboard.org/scores/online-score-reports-educators/understanding-scores

Connect to scholarships: psat.org/scholarships

Plan for college and career: bigfuture.collegeboard.org

Practice for the SAT: sat.org/practice