



The SAT®

Help Clear Their Path to College

AN OVERVIEW FOR U.S. COUNSELORS



Benefits of
the SAT



Practice and
preparation



Student tools
and counselor
resources





Accepted Around the World

The SAT Lets Students Show Their Best Work

The SAT® is a globally recognized admissions exam used by colleges and universities around the world. Millions of students take the test each year as a step on their path to college and career, more than any other admissions test. The SAT can help students stand out on their college applications—including those that are test optional. Colleges also use scores to inform decisions on course placement, scholarships, and targeted support on campus.

Here's what students can expect on the SAT:



ADAPTIVE TESTING

In an adaptive test model, the test delivery platform adjusts the difficulty of the questions given to students during the test based on the performance of individual test takers. Adaptive testing allows for a much shorter, but just as reliable, assessment that delivers accurate scores more efficiently.



EVERYDAY WORDS

The test's vocabulary focuses on words that students will encounter often in college-level classes. They won't need to memorize a lot of rarely used words.



ESSENTIAL MATH

The SAT tests the math that students need no matter what major or career they choose. Common math formulas are provided, so there's no need to memorize them.



NO SEPARATE SCIENCE SECTION

The science skills needed for college are tested in the context of the reading passages.

Official Digital SAT Practice

College Board offers many resources students can use to prepare for the SAT. Students can download and install Bluebook™, our digital testing app, and start practicing at any time. Take a full-length, adaptive digital practice test that's available in Bluebook.

In partnership with College Board, Khan Academy® has built a digital SAT course that includes videos, articles, and worked examples designed to help students understand and experience what's new and improved about the SAT. Students can go to khanacademy.org/test-prep/digital-sat for additional test prep resources.

Students approved for assistive technology-compatible (ATC) test formats can practice for and test with digital exams using the format they need. In addition, nonadaptive paper practice tests are available for download.

Learn more at satsuite.collegeboard.org/sat/practice-preparation.

College and Career Planning Tools

The SAT connects students to these additional, free resources:

- Student Search Service™ connects students to 1,500 colleges and universities and over \$300 million in annual scholarships. Students can opt in to hear directly from colleges and scholarships looking for students like them. Learn more at cb.org/studentsearch.
- BigFuture® is an online planning guide that helps students take the right next step after high school. They can explore colleges and careers based on their interests and SAT scores and learn how to pay for postsecondary education—all while earning chances to win BigFuture Scholarships. Visit bigfuture.org.
- Career Quiz on BigFuture is an engaging, personalized exploration tool where students can learn more about their future career options by answering questions about their interests. Students can take the quiz at bigfuture.org/careerquiz.

Resources for Counselors

Visit the SAT K–12 Educator pages at satsuite.collegeboard.org/k12-educators/about for SAT information, tools, and support. You'll find:

- Key test information to keep students and families up to date about deadlines and requirements.
- The K–12 score reporting portal, where you can access student scores, analyze data, and create reports.
- Downloadable presentations and handouts for students and families to use during informational events about college planning.

Visit sat.org/counselors for more information and resources.



REACTIONS TO THE DIGITAL SAT

Reactions from our digital SAT administrations show that students and educators find it to be “a better testing format,” “much less stressful than the paper exams,” and “a fair environment for all test takers.”



NOTE: To see more dates and any changes to the testing calendar, check sat.org/dates.

The SAT[®]

Calendar 2024-25

Deadlines expire at 11:59 p.m. U.S. ET.

	2024				2025		
SAT Test Dates*	AUG 24	OCT 5	NOV 2	DEC 7	MAR 8	MAY 3	JUN 7
Registration Deadline	Aug 9	Sep 20	Oct 18	Nov 22	Feb 21	Apr 18	May 22

*Sunday test dates immediately follow the Saturday test dates except for October 15, which has been shifted later to avoid conflict with a religious holiday. Test dates and registration deadlines may change. Check online for updates.

U.S. Registration: sat.org/register

U.S. Fees: sat.org/us-fees

Fee Waivers: sat.org/fee-waivers

SAT School Day Dates: sat.org/schoolday

NOTE: Students taking the digital SAT who need to borrow a device from College Board will need to register and request their device earlier than the registration deadline—at least 30 days before test day—to allow time for shipping.