OFFICIAL SAT PREP

# Parent/Caregiver Guide:
## Preparing Your Student for the SAT

From free practice tests and questions to a checklist of what to bring on test day, College Board provides everything you need to prepare for the SAT®.

**START EXPLORING PRACTICE OPTIONS**

**Download Bluebook at bluebook.app.collegeboard.org.** Students can download Bluebook™, the digital testing app from College Board, on the device they'll bring with them on test day (if applicable). Once they've downloaded the app, they can take full-length digital practice tests and familiarize themselves with the app's helpful features like formula sheets, digital accommodations, and built-in calculators. After completing the practice test, your student can sign in to **My Practice** with the same credentials they use for Bluebook to view their results and review practice exam questions, answers, and explanations.

**Build custom practice with the Student Question Bank.** When your student views their practice test scores in **My Practice**, they'll see progress bars representing their knowledge of all the content domains on the test. They can use this information to filter questions in the **Question Bank** by domain, skill, and difficulty, allowing them to target their practice to the areas they have the most opportunity to grow.

**Spend time reviewing skills with Official SAT Prep on Khan Academy.** Once your student has identified the knowledge and skills they need the most support using **My Practice**, they can start Official SAT Prep on Khan Academy®. It's FREE for all students and the best way to build skills for the SAT. Created by Khan Academy and College Board, the maker of the SAT, Official SAT Prep offers thousands of practice questions, video lessons, quizzes, tests, and more.

**Start a friendly competition at home with Question of the Day.** Question of the Day provides a fun and fast way to challenge yourself every day. Students can build their streak, earn badges, and compare their performance to other learners. Try answering the question every day with your student. You can even encourage other family members to get involved! Get started at **qotd.collegeboard.org**.

## 2 MONTHS BEFORE TEST DAY

**Create a practice schedule.** We recommend students practice in Bluebook 15–30 minutes per day starting 6–8 weeks before the test.

## 2 WEEKS BEFORE TEST DAY

**Take another full-length practice test.** Two weeks before their test date, students should take another full-length practice test in Bluebook to check their progress. This lets students build self-assurance and see exactly where to focus over the next 2 weeks to get the best possible score.

## TESTING WEEK

**Complete exam setup.** Prior to test day, your student should complete a quick exam setup in Bluebook before arriving at the test center.

The app will generate an admission ticket at the end of exam setup. Your student will need this admission ticket on test day. Your student can take a picture of it, print it, or email it to themselves for easy access.

## 1 DAY BEFORE TEST DAY

**Plan ahead.** Triple-check the night before that your student packs everything needed, such as:

- Their fully charged testing device with the Bluebook app installed and exam setup completed.
- Their up-to-date admission ticket from the Bluebook app.
- An acceptable photo ID.
- Pencils or pens for scratch work.
- An acceptable calculator for use on the Math section of the test. There will also be an embedded graphing calculator available to use within Bluebook.

For a full list of what students need to bring on test day, visit **satsuite.collegeboard.org/sat/what-to-bring-do**. Be sure your child gets a good night's sleep.

## ON TEST DAY

**Relax and be confident.** Encourage your student to eat a good breakfast, take it easy, and feel positive. Practice pays off!

# For more information, visit **satsuite.collegeboard.org/practice**.